

Steps to nebulize with a manual nebulizar:

## Materials:

- 1- Manual Nebulizar (Bicycle Pump)
- 2- Half or one tablet of Albuterol of 4mg.
- 3-Three mL of pure water.

## Step 1:

Dissolve the tablet or the half of the tablet of Albuterol 4mg in 3mL of pure water.

## Step 2:

Put the solution in the nebulizar and put the mouthpiece into the mouth of the patient. Begin to pump with the hand pump as long as necessary, until no more smoke comes out.

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